

Resources for Allies of the Black Community

☰ Tough Convos Resources: Content for Allies of the Black community - 2021

How to use this resource document:

1. Choose to learn from whatever speaks to you at that time.
2. Do a little bit at a time; being an ally is a lifelong process, not a seasonal fix.
3. Be patient with yourself to see change in your awareness, mindset and behaviour.
4. Do NOT edit the document; DO make comments to suggest other resources.
5. Share it widely with your network.

Resource lists

1. <https://medium.com/the-open-bookshelf/a-reading-list-in-the-wake-of-the-killing-of-george-floyd-f44eb7630763>
2. <https://todayheadline.co/racism-in-america-resources-to-help-you-understand-a-history-of-inequality/>
3. #Blackstudentsmatter - Peel region community document
https://docs.google.com/document/d/19-Jw1q34hayN_KB6b_IRGymahdF21x8x460plzUknS0/edit?pli=1
4. Academic paper: [White Skin as a Social and Cultural Capital in Asia and Its Economic Markets](#)
5. Scholarly [articles on Eurocentric beauty standards](#) and their implications
6. International Association of Plastic Surgeons [2019 Global Survey on Plastic Surgery](#)
7. [Global Critical Race and Racism Framework](#)
8. “Professional Appearance in the Workplace” Under Scrutiny
<https://www.forbes.com/sites/stevenpearlman/2019/09/24/professional-appearance-in-the-workplace-under-scrutiny/?sh=6a69acf83412>
9. Colonial Faces: Beauty and Skin Color Hierarchy in the Philippines and the U.S.
https://digitalassets.lib.berkeley.edu/etd/ucb/text/Rondilla_berkeley_0028E_12807.pdf
10. Colourism: How skin-tone bias affects racial equality at work
<https://www.weforum.org/agenda/2020/08/racial-equality-skin-tone-bias-colourism/>

11. Racism in the Philippines: Does it matter?
<https://www.rappler.com/voices/thought-leaders/racism-philippines>
12. The Impact of Media Beauty Standard on Women's Self Esteem
https://www.researchgate.net/publication/337756066_The_Impact_of_Media_Beauty_Standard_on_Women's_Self_Esteem
13. Let's talk about Racism. | Asia Society
<https://asiasociety.org/philippines/lets-talk-about-racism>
14. Media and information literacy against racial discrimination
<https://en.unesco.org/news/media-and-information-literacy-against-racial-discrimination-experts-philippines-and-india>
15. Análisis de los programas de ayuda económica durante la presidencia Trump en el triángulo norte de Centroamérica: ¿inversión improductiva o posible apoyo para la región?
https://www.academia.edu/39826882/An%C3%A1lisis_de_los_programas_de_ayuda_econ%C3%B3mica_durante_la_presidencia_Trump_en_el_tri%C3%A1ngulo_norte_de_Centroam%C3%A9rica_inversi%C3%B3n_improductiva_o_posible_apoyo_para_la_regi%C3%B3n

Books by Black authors

1. Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do, by Jennifer Eberhardt
2. How to be an Anti-Racist, by Ibram X. Kendi
3. Heavy, An American Memoir by Kiese Laymon
4. Just Mercy, by Bryan Stevenson
5. White Fragility: Why It's So Hard for White People to Talk About Racism, by Robin DiAngelo, PhD
6. Americanah, by Chimamanda Ngozi Adichie
7. My Hair is a Garden - Children's Book, by Cozbi A. Cabrera
8. Viola Desmond Won't Be Budged! – Children's Book, by Jody Nyasha Warner and Richard Rudnicki
9. Stamped From the Beginning: The Definitive History of Racist Ideas in America, by Ibram X. Kendi
10. Soul on Ice, by Eldridge Cleaver
11. Family secrets: crossing the colour line - by Catherine Slaney.

12. Black Roots: a Beginner's guide to tracing the African American Family Tree, by Tony Burroughs.
13. Blacks in Canada: In Search of the Promise, by Francine Govia and Helen Lewis
14. Trials and Triumphs the story of African-Canadians, by Lawrence Hill
15. Les Noirs du Québec, 1629-1900, by Daniel Gay
16. White Rage: The Unspoken Truth of Our Racial Divide, by Carol Anderson
17. Brit(ish): On Race, Identity and Belonging Hardcover – Sept. 25 2018, by Afua Hirsch
18. Anti-Racist Reading List from Ibram X. Kendi
<https://chipublib.bibliocommons.com/list/share/204842963/1357692923>
19. Understanding and Dismantling Racism: A Booklist for White Readers
<https://www.charisbooksandmore.com/understanding-and-dismantling-racism-booklist-white-readers>
20. Caste: The Origins of our Discontent by Isabel Wilkerson
21. Identidades y diversidad cultural; interculturalidad vs multiculturalismo
https://www.researchgate.net/publication/341506697_Identidades_y_diversidad_cultural_interculturalidad_vs_multiculturalismo
22. El Multiculturalismo Una visión inacabada, desde la reflexión teórica hasta los casos específicos
https://www.researchgate.net/publication/343814549_El_Multiculturalismo_Una_vision_inacabada_desde_la_reflexion_teorica_hasta_los_casos_especificos
23. Movilidad humana en tránsito: retos de la Cuarta Transformación en política migratoria
http://biblioteca.clacso.edu.ar/clacso/se/20200402045757/movilidad_humana.pdf

Documentaries

1. 13th amendment, Ava Duvernay (Netflix)
2. Amend: The Fight for America (Netflix)

Videos

1. The Atlantic slave trade: What too few textbooks told you - Anthony Hazard
https://www.youtube.com/watch?v=3NXC4Q_4JVg
2. Ex Slaves talk about Slavery in the USA
<https://www.youtube.com/watch?v=fZfcc21c6Uo>

3. NBA Coach Gregg Popovich shares emotional Message of Solidarity
<https://youtu.be/ORZZ-opjmVE>
4. Racism in the Philippines <https://youtu.be/fur5dVDr0No>

TED Talks:

1. What I am learning from my white grandchildren
<https://www.youtube.com/watch?v=u5GCetbP7Fg>
2. Color blind or color brave
<https://www.youtube.com/watch?v=oKtALHe3Y9Q>
3. The Missing Century of Black History in the Americas: Jane Landers at TEDxNashville
<https://www.youtube.com/watch?v=EmLI6tuq22Y>
4. We need to talk about injustice, Bryan Stevenson
<https://www.youtube.com/watch?v=c2tOp7OxyQ8>
5. Racism has a cost for everyone, Heather C McGhee
<https://www.youtube.com/watch?v=eaCrsBtiYA4>
6. The Missing Century of Black History in America
<https://www.youtube.com/watch?v=EmLI6tuq22Y>
7. My Road Trip through the whitest towns in America:
https://www.ted.com/talks/rich_benjamin_my_road_trip_through_the_whitest_towns_in_america#t-405252

Podcasts:

- 1619: An audio series on how slavery has transformed America, connecting past and present through the oldest form of storytelling.
- Modern Love - Race wasn't an issue for him, but it was an issue for me: Interracial relationships come with their own complexities, and there are a lot of questions that come up.
- The Daily: The Shooting of Ahmaud Arbery: Ahmaud Arbery would have turned 26 on Friday. Instead of celebrating, a crowd of protesters, protected by masks, demanded justice for his death in front of a courthouse in Georgia.
- This American Life: If you see Racism, Say Racism: Comedian W. Kamau Bell has two daughters and tries to figure out just how much about the violent history of racism and oppression his four-year-old can handle.
- Historically Black
<https://podcasts.apple.com/us/podcast/historically-black/id1155053105?mt=2>

- Voices of the movement - <https://www.washingtonpost.com/graphics/2019/opinions/voices-of-the-movement-podcast/>
- Seeing White <http://www.sceneonradio.org/seeing-white/>

Specific Themes

Historical figures

1. <https://www.history.com/topics/black-history/w-e-b-du-bois>
2. <https://www.history.com/topics/black-history/booker-t-washington>
3. <https://www.canada.ca/en/canadian-heritage/campaigns/black-history-month/black-canadians.html>

Time periods / Events

1. Historical Milestones
<https://www.history.com/topics/black-history/black-history-milestones>
2. Juneteenth - <https://www.juneteenth.com/history.htm>
3. Abolitionists in Canada
<https://www.bac-lac.gc.ca/eng/discover/immigration/history-ethnic-cultural/anti-slavery-movement/Pages/default.aspx>
4. American history <https://literatureandhistory.com/>
5. Canadian history - <https://www.thecanadianencyclopedia.ca/en/article/black-enslavement>

Statistics & Terminology

1. Systemic racism - https://www.huffingtonpost.ca/entry/what-does-systemic-racism-mean_ca_5ed97c17c5b69d703f3867c9
2. Anti oppression language - <https://centennialcollege.widen.net/s/rbu0c2bzxt>
3. US survey - <https://www.pewsocialtrends.org/2019/04/09/race-in-america-2019/>
4. Privilege
 - a. https://www.huffingtonpost.ca/entry/things-white-people-say-highlight-privilege_L_5edeafafc5b637b87e22cee0?ncid=APPLENEWS00001

- b. https://www.huffingtonpost.ca/anne-theriault/trayvon-martin-white-privilege-_b_3604477.html?utm_hp_ref=ca-white-privilege
- c. <https://www.yesmagazine.org/opinion/2017/09/08/my-white-friend-asked-me-on-facebook-to-explain-white-privilege-i-decided-to-be-honest/>
- d. <https://www.washingtonpost.com/news/education/wp/2016/02/11/parents-outraged-after-students-shown-white-guilt-cartoon-for-black-history-month/>

Politics

1. Incarceration
 - a. <https://www.theatlantic.com/magazine/archive/2015/10/the-black-family-in-the-age-of-mass-incarceration/403246/>
 - b. <https://www.theatlantic.com/magazine/archive/2015/10/the-black-family-in-the-age-of-mass-incarceration/403246/>
2. Defunding the police in Canada
 - a. https://www.huffingtonpost.ca/entry/defund-police-canada-black-indigenous-lives_ca_5ed65eb2c5b6ccd7c56bdf7d?ncid=other_huffpostre_pqylmel2bk8&utm_campaign=related_articles
 - b. <https://www.cbc.ca/radio/ideas/slavery-s-long-shadow-the-impact-of-200-years-of-enslavement-in-canada-1.4733595>
3. Prison Abolition
 - a. https://www.gq.com/story/what-is-prison-abolition?fbclid=IwAR3FLENya68Hj03AObhpyDW5aYS7jYB0-ID7-2E_r5DGGaLV3Qw0C0C56eY
4. Segregation
 - a. <https://www.washingtonpost.com/graphics/2018/national/segregation-us-cities/>

Arts & Culture

1. <https://www.washingtonpost.com/magazine/2019/11/25/visualizing-racism-photo-essay/?arc404=true>

Action for allies

1. <https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>

2. <https://www.forbes.com/sites/danabrownlee/2020/06/01/dear-white-people-her-e-are-10-actions-you-can-take-to-promote-racial-justice-in-the-workplace/#525d25bd4a92>

Charities that you can support:

- The Black Opportunity Fund - <https://torontofoundation.ca/black-opportunity-fund>
- The Trayvon Martin Foundation: The Trayvon Martin Foundation aims to spread awareness of the consequences of gun crime and caters to families affected by gun violence.
- Incite!: Women of Color Against Violence: Incite works to end violence against women of color through organizing events, conferences, circulating newsletters and strategic political initiatives.
- Million Hoodies: The death of Trayvon Martin spurred the inspiration for Million Hoodies, a coalition of young people organizing to put an end to mass incarceration and the criminalization of young black men.
- Black Organizers For Leaders And Dignity: BOLD is a national leadership training program that aims to equip black leaders with the skills needed to place themselves at the forefront of movements for social justice

Groups / Communities

1. Canada
 - a. https://www.huffingtonpost.ca/entry/black-organizations-anti-racist-groups-canada_ca_5ed57ea1c5b6867b30853e20?ncid=other_huffpostre_pqylmel2bk8&utm_campaign=related_articles

BIPOC Activists, Educators and Organizations to follow:

1. <https://www.rachelricketts.com/racial-justice-resources>
2. <https://variety.com/2020/digital/news/11-anti-racist-accounts-that-are-worth-following-1234621505/>
3. <https://naacp.org/>
4. [https://en.wikipedia.org/wiki/Roland_Martin_\(journalist\)](https://en.wikipedia.org/wiki/Roland_Martin_(journalist))